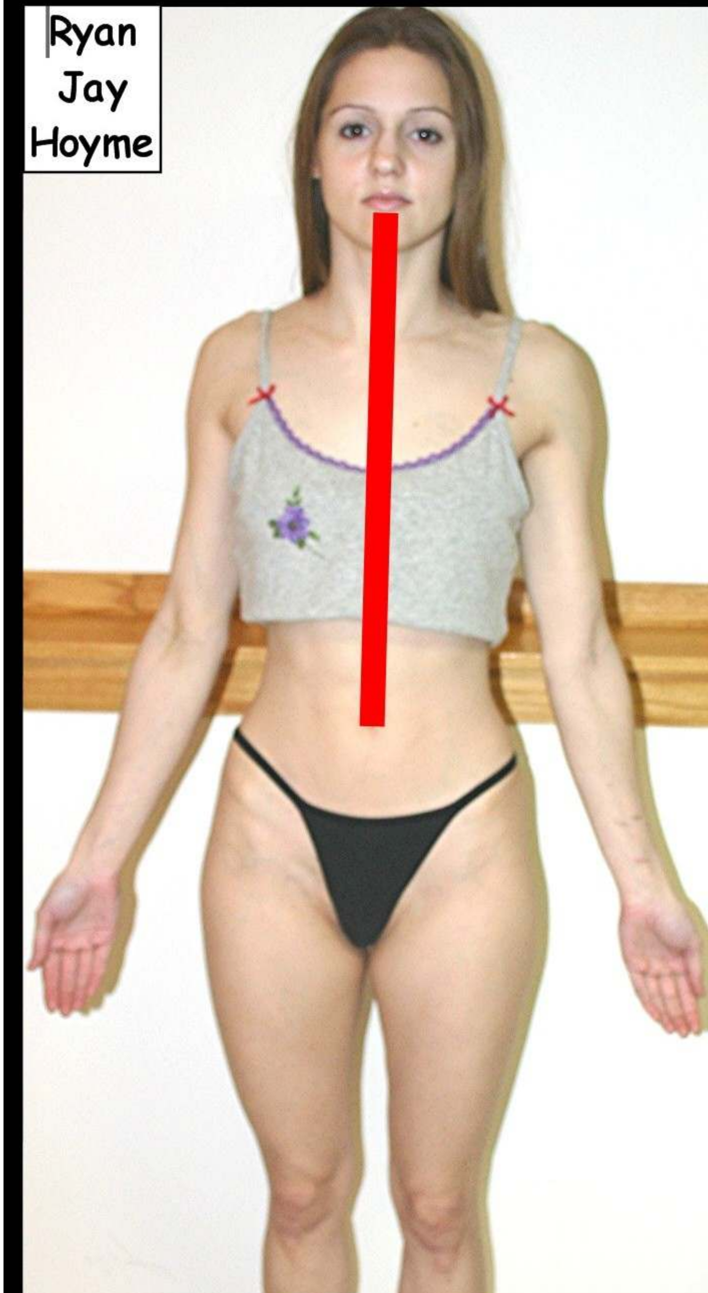
SEN LINES

Sen Sumana

Ryan Jay Hoyme

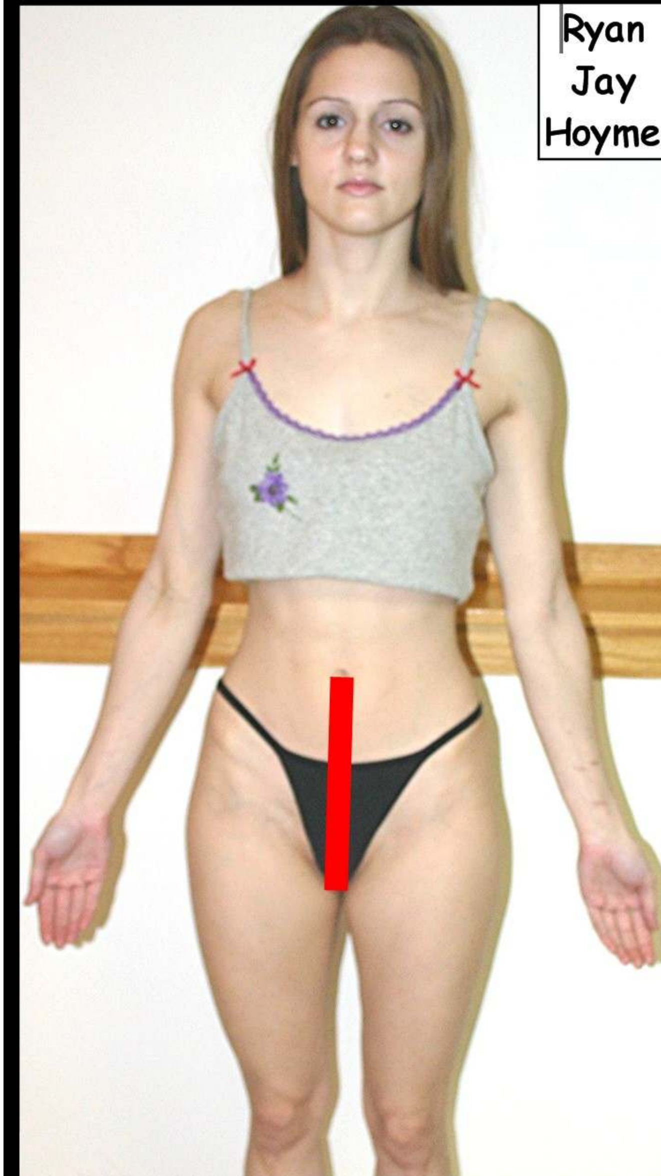


Starts at the tip of the tongue, travels down the throat and chest to the solar plexus. It's path is quite similar to Sushumna Nadi in the Yoga Tradition and also the Ren Mai Meridian in Chinese acupuncture.

Therapy: Asthma, bronchitis, Chest pain, heart disease, spasms of the diaphragm, nausea, cold, cough , throat problems, diseases of the digestive system, abdominal pain.

Sen Nanthakrawat

Ryan Jay Hoyme

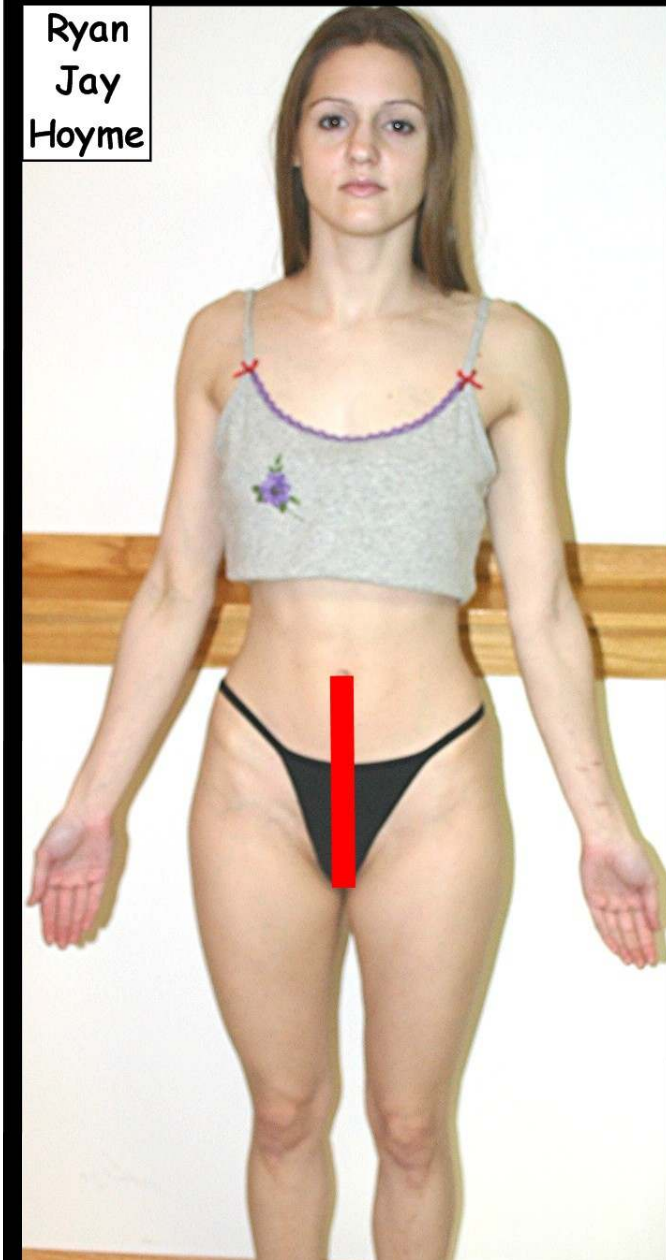


Comprises two lines:
- Starts at the navel and runs as Sen Sikhini to the urethra or urinary passage.
- Starts at the navel and runs as Sen Sukhumang to the anus or fecal passage.

Therapy: Sen Nanthakrawat is generally worked on by giving abdominal massage. Indications: hernia, frequent urination, female infertility, impotence, premature ejaculation, irregular menstruation, uterine bleeding, retention of urine, diarrhea, abdominal pain.

Sen Khitchanna

Ryan Jay Hoyme



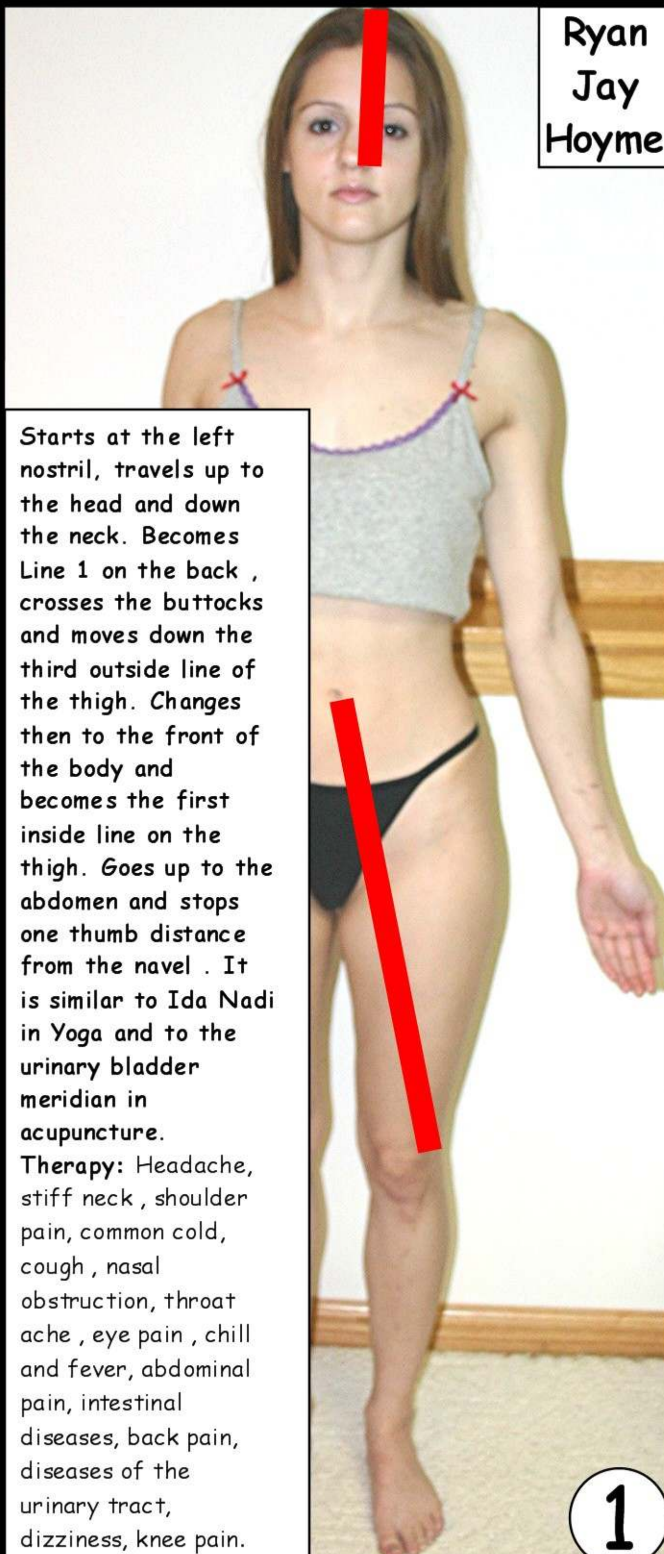
It is similar to Sen Nanthakrawat.

- Male - runs from the navel to the penis as Sen Pitakun
- Female - runs from the navel to the vagina as Sen Kitcha

Therapy: Treatment and indications same as Sen Nanthakrawat, abdominal massage.

Sen Ittha

Ryan Jay Hoyme



Starts at the left nostril, travels up to the head and down the neck. Becomes Line 1 on the back , crosses the buttocks and moves down the third outside line of the thigh. Changes then to the front of the body and becomes the first inside line on the thigh. Goes up to the abdomen and stops one thumb distance from the navel . It is similar to Ida Nadi in Yoga and to the urinary bladder meridian in acupuncture.

Therapy: Headache, stiff neck , shoulder pain, common cold, cough , nasal obstruction, throat ache , eye pain , chill and fever, abdominal pain, intestinal diseases, back pain, diseases of the urinary tract, dizziness, knee pain.

Sen Ittha

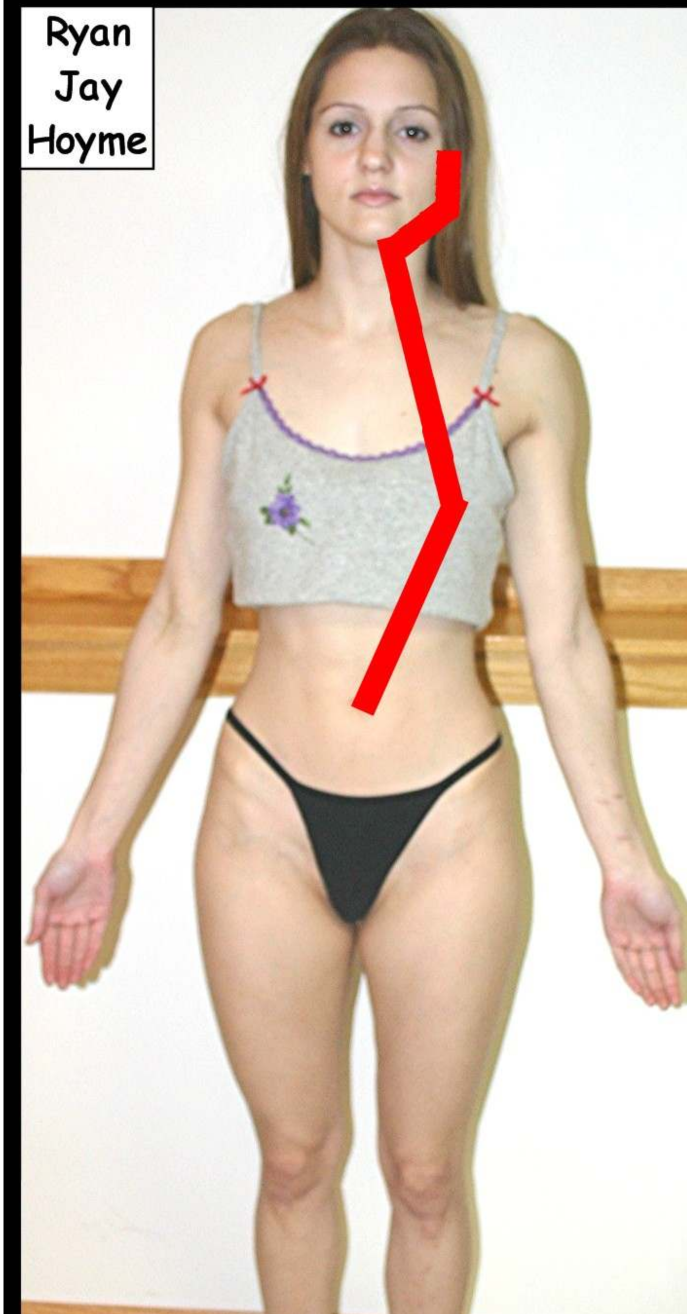
Ryan Jay Hoyme



Starts at the left nostril, travels up to the head and down the neck. Becomes Line 1 on the back , crosses the buttocks and moves down the third outside line of the thigh. Changes then to the front of the body and becomes the first inside line on the thigh. Goes up to the abdomen and stops one thumb distance from the navel . It is similar to Ida Nadi in Yoga and to the urinary bladder meridian in acupuncture.

Therapy: Headache, stiff neck , shoulder pain, common cold, cough , nasal obstruction, throat ache , eye pain , chill and fever, abdominal pain, intestinal diseases, back pain, diseases of the urinary tract, dizziness, knee pain.

Sen Lawusang

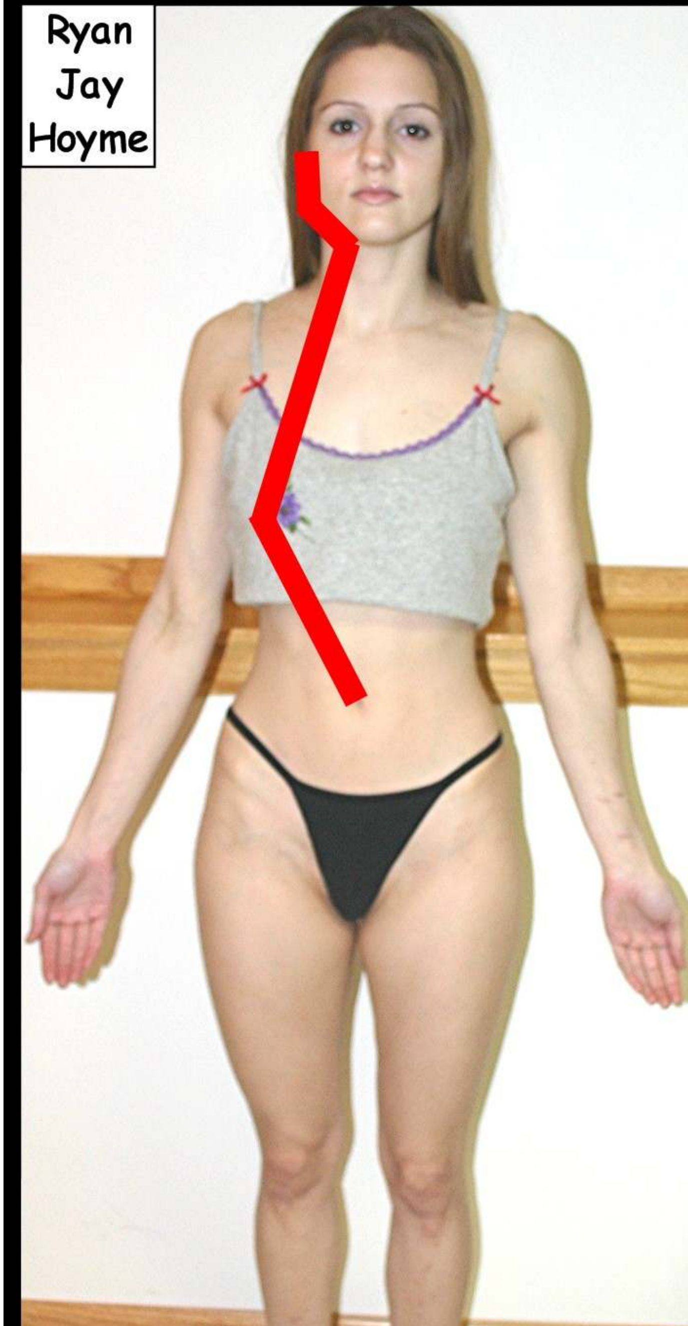


Starts in the left ear, travels down the left side of the throat, then towards the nipple. Makes a slight turn thereafter towards the navel and ends at he solar plexus.

Therapy: Deafness, ear diseases, cough, facial paralysis, toothache, throat ache, chest pain, gastrointestinal diseases.

Sen Ulangka

Ryan Jay Hoyme



Starts in the right ear, travels down the right side of the throat, then towards the nipple. Makes a slight turn thereafter towards the navel and ends at he solar plexus.

Therapy: Deafness, ear diseases, cough, facial paralysis, toothache, throat ache, chest pain, gastrointestinal diseases.

Sen Pingkhala



Starts at the right nostril, travels up to the head and down the neck. Becomes Line 1 on the back , crosses the buttocks and moves down the third outside line of the thigh. Changes then to the front of the body and becomes the first inside line on the thigh. Goes up to the abdomen and stops one thumb distance from the navel . It is similar to Ida Nadi in Yoga and to the urinary bladder meridian in acupuncture.

Therapy:
Headache, stiff neck , shoulder pain, common cold, cough , nasal obstruction, throat ache , eye pain , chill and fever, abdominal pain, intestinal diseases, back pain, diseases of the urinary tract, dizziness, knee pain.

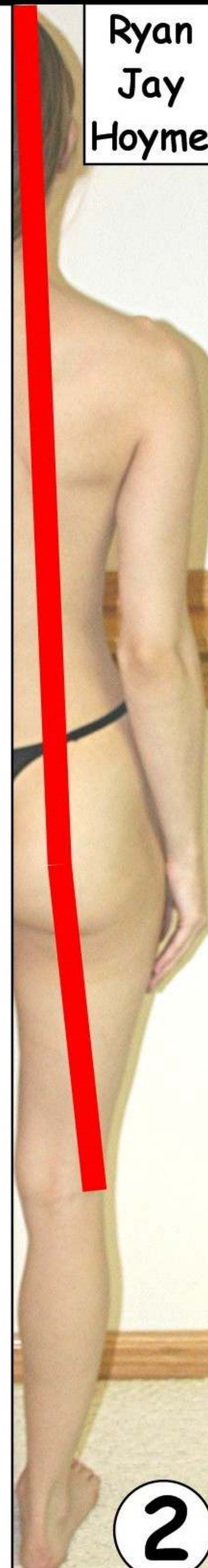
Indications:
Diseases of the liver and the gall bladder.

Sen Pingkhala

Starts at the right nostril, travels up to the head and down the neck. Becomes Line 1 on the back , crosses the buttocks and moves down the third outside line of the thigh. Changes then to the front of the body and becomes the first inside line on the thigh. Goes up to the abdomen and stops one thumb distance from the navel . It is similar to Ida Nadi in Yoga and to the urinary bladder meridian in acupuncture.

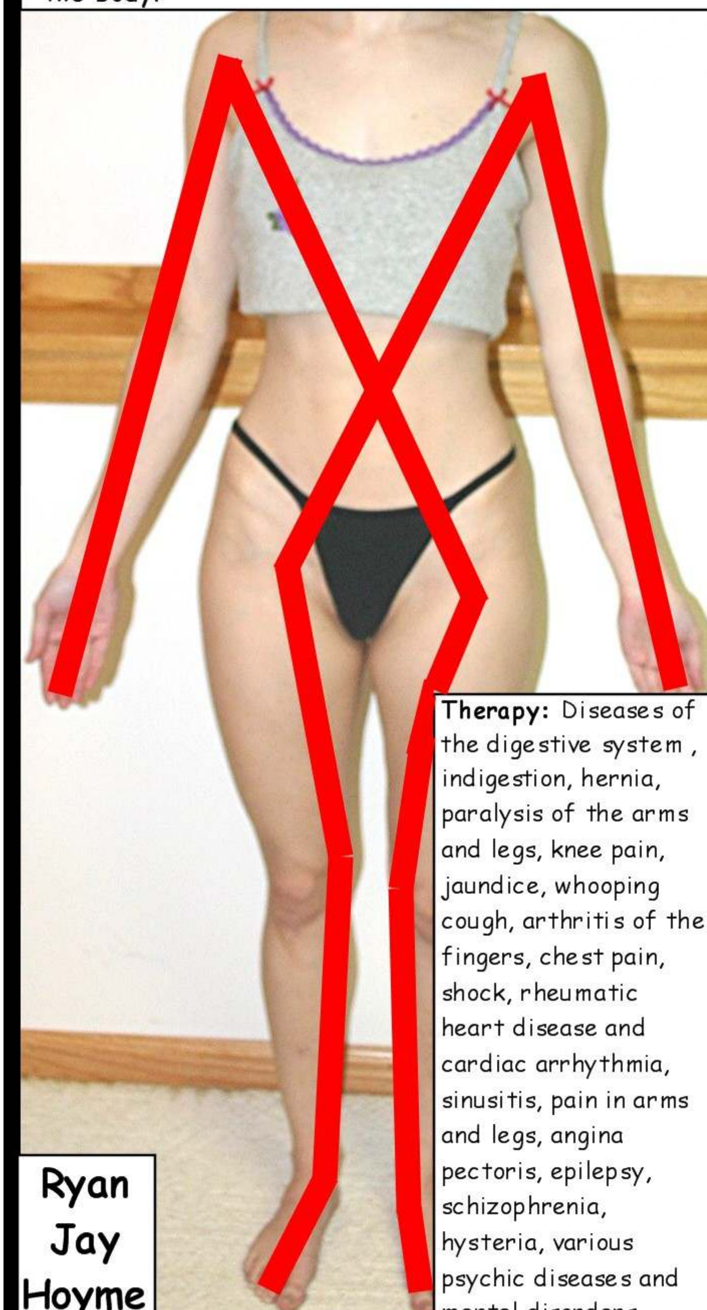
Therapy:
Headache, stiff neck , shoulder pain, common cold, cough , nasal obstruction, throat ache , eye pain , chill and fever, abdominal pain, intestinal diseases, back pain, diseases of the urinary tract, dizziness, knee pain.

Indications:
Diseases of the liver and the gall bladder.



Sen Kalathari

Starts at the navel and divides into branches, two on the right, two on the left. From the navel up through the chest and shoulder down the middle line of the arm to the hand. From there to the tips of the fingers on both the left and right sides of the body. From the navel down the mid-line of the inside of the leg (the second inside line) to the foot. From there to all the toes on both sides of the body.



Therapy: Diseases of the digestive system , indigestion, hernia, paralysis of the arms and legs, knee pain, jaundice, whooping cough, arthritis of the fingers, chest pain, shock, rheumatic heart disease and cardiac arrhythmia, sinusitis, pain in arms and legs, angina pectoris, epilepsy, schizophrenia, hysteria, various psychic diseases and mental disorders.

Ryan Jay Hoyme

Sen Thawari



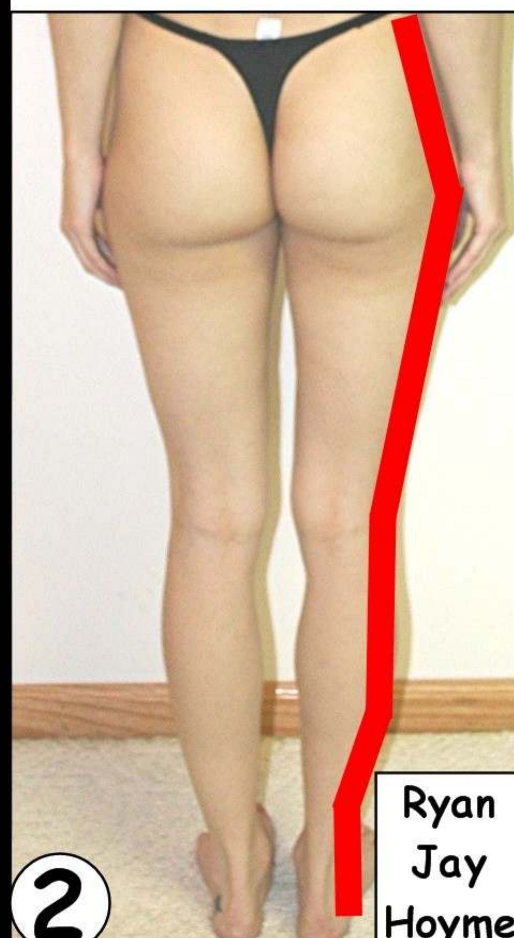
Starts in the right eye and travels down the head, throat , left side of the chest and abdomen, then changes to the outside of the leg coinciding with the first line on the outside of the leg. Changes again at the foot to the inside of the leg and forms the first inside line. This line continues across the groin and stops directly below the navel. It is quite similar to the stomach meridian in Chinese acupuncture.

Therapy: Facial paralysis, toothache, throat ache, redness and swelling of the eye, fever, chest pain, manic depressive psychosis, gastrointestinal diseases, diseases of the urogenital system, leg paralysis. Arthritis of the knee joint, numbness of lower extremity, hernia.

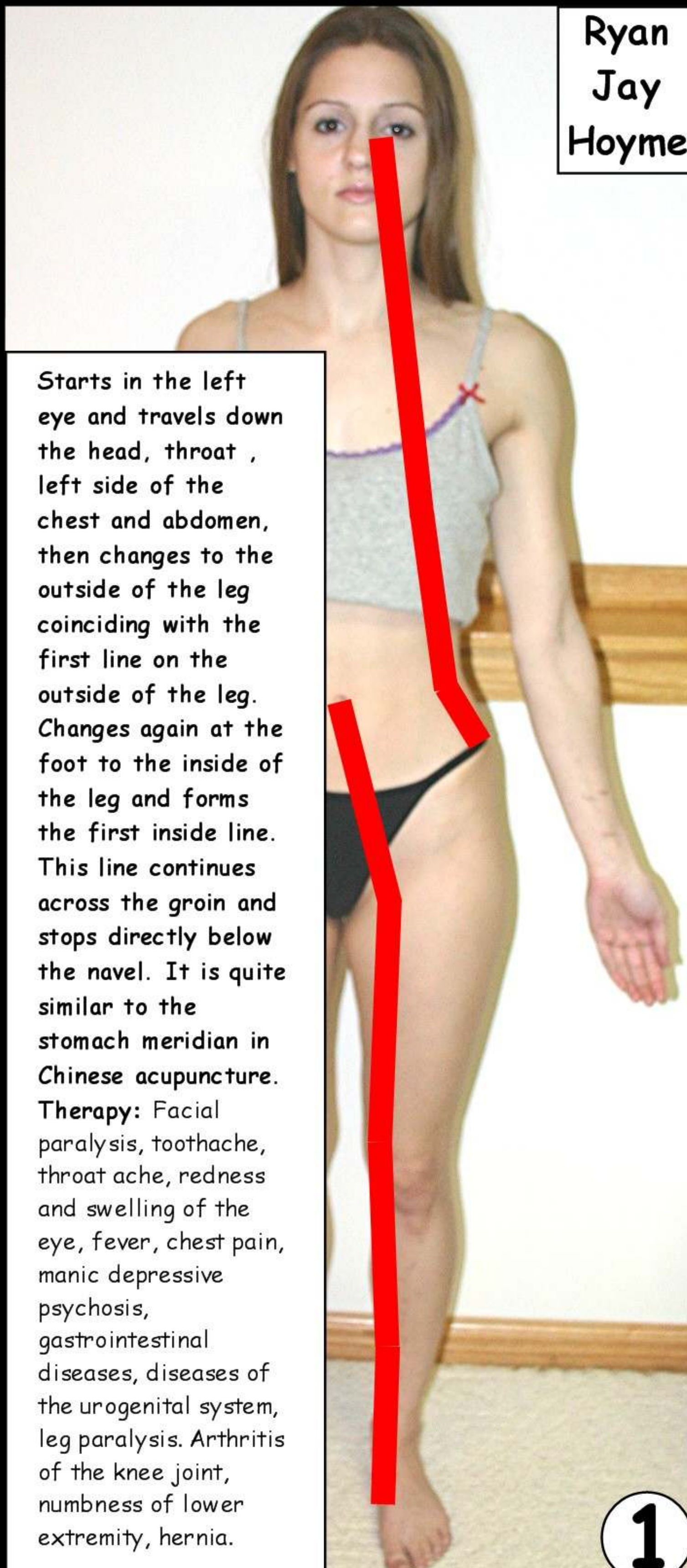
Sen Thawari

Starts in the right eye and travels down the head, throat , left side of the chest and abdomen, then changes to the outside of the leg coinciding with the first line on the outside of the leg. Changes again at the foot to the inside of the leg and forms the first inside line. This line continues across the groin and stops directly below the navel. It is quite similar to the stomach meridian in Chinese acupuncture.

Therapy: Facial paralysis, toothache, throat ache, redness and swelling of the eye, fever, chest pain, manic depressive psychosis, gastrointestinal diseases, diseases of the urogenital system, leg paralysis. Arthritis of the knee joint, numbness of lower extremity, hernia.



Sen Sahatsarangsi



Starts in the left eye and travels down the head, throat , left side of the chest and abdomen, then changes to the outside of the leg coinciding with the first line on the outside of the leg. Changes again at the foot to the inside of the leg and forms the first inside line. This line continues across the groin and stops directly below the navel. It is quite similar to the stomach meridian in Chinese acupuncture. **Therapy:** Facial paralysis, toothache, throat ache, redness and swelling of the eye, fever, chest pain, manic depressive psychosis, gastrointestinal diseases, diseases of the urogenital system, leg paralysis. Arthritis of the knee joint, numbness of lower extremity, hernia.

Sen Sahatsarangsi

Starts in the left eye and travels down the head, throat , left side of the chest and abdomen, then changes to the outside of the leg coinciding with the first line on the outside of the leg. Changes again at the foot to the inside of the leg and forms the first inside line. This line continues across the groin and stops directly below the navel. It is quite similar to the stomach meridian in Chinese acupuncture. **Therapy:** Facial paralysis, toothache, throat ache, redness and swelling of the eye, fever, chest pain, manic depressive psychosis, gastrointestinal diseases, diseases of the urogenital system, leg paralysis. Arthritis of the knee joint, numbness of lower extremity, hernia.

